

# Expressive Therapy Program



A 10-week Program Integrating  
[Art and Music Therapy](#) to  
Support the Mental Health of  
Indigenous People



Penrith (Address TBC Via Email)



Commencing Friday 19/07/2024



Friday @ 12:30-1:30pm

**REGISTER**

**NOW**

Limited space available! Register your interest now to secure your spot in our expressive therapy program. Contact Resourced Music Therapy at 0402 021 371 or email [info@resourcedmusictherapy.com](mailto:info@resourcedmusictherapy.com)

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